

June 2026 | Birchwood Highlands

# HIGHLANDS

## *Happenings*

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**HIGHLANDS  
COMMUNITIES**  
Apartments & Townhomes 55+

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*Congratulations!*

**Who won \$100?**

**This month's winner of our \$100 lease renewal drawing is Silvia H.**



## PAST ACTIVITIES & RECREATIONAL EVENTS



## RESIDENT REMINDERS

### Smoking Policy

**HIGHLANDS COMMUNITIES ARE SMOKE-FREE**

Please remember that we do not allow residents, guests, or caregivers to smoke anywhere on the property. This policy applies to your apartment, patio/balcony, walking path, parking lots, and underground parking. Thank you for your cooperation.

### Happy Fathers Day

**CELEBRATING DADS ALL MONTH**

This month we're celebrating the dads, grandfathers, and father figures whose love, leadership, and life experiences have made a lasting impact on our families and communities. Thank you for the wisdom you pass down, the strength you model every day, and the stories, lessons, and memories you continue to share with the next generation



### Bulletin Boards for Communications

**HAVE SOMETHING YOU WANT TO POST?**

If you have an item that you'd like to post on our community bulletin board/s, please be sure to get prior approval from our office. Our team members will monitor and clear the items on this board when they have expired, so please do not post or remove anything without approval. Thank you.

### Hello Summer

**SUMMER IS HERE**

It's the perfect time to enjoy everything our community has to offer! As you soak up the sunshine, here are a few friendly reminders to help everyone stay safe, comfortable, and connected:

- Stay cool & hydrated: Drink plenty of water and take breaks during outdoor activities, especially on warmer days.
- Mind the sun: Hats, sunglasses, and sunscreen go a long way when enjoying walks, events, and time outdoors.
- Join the fun: From fitness classes to social gatherings, summer is packed with opportunities to stay active and connected—check the calendar and join us!

Here's to a happy, healthy, and joy-filled summer together!

*Let the sunshine in!*

## JUST FOR FUN



Summertime is always the best of what might be.

Charles Bowden



### Fun Facts About Fireflies

June brings fireflies to backyards and parks across much of the U.S. These tiny beetles use bioluminescence to attract mates, emitting light from their lower abdomens thanks to a chemical reaction. Each species flashes in a unique pattern, creating a natural light show at dusk.

Wisconsin is home to several firefly species, making warm June evenings especially magical. Interestingly, fireflies don't exist west of the Rockies—so Midwest residents enjoy a special seasonal sparkle.



### Back Then In History

In June 1968, Milwaukee launched the first Summerfest, a music festival meant to bring people together and boost civic pride.

What started as a local celebration quickly grew into one of the largest music festivals in the world.

Today, Summerfest draws hundreds of thousands of visitors and features big-name acts across multiple stages on Milwaukee's lakefront. It's a high note in Wisconsin's summer calendar and a celebration of culture, music, and community.



## WHAT'S COOKING

### Melon Sorbet Float

This fruity and fizzy melon sorbet float is a refreshing way to cool off on a warm summer day.

Made with colorful melon balls, tangy sorbet, and bubbly seltzer, it's part dessert, part drink—and totally delicious.

**Servings:** 1 **Prep Time:** 10 minutes **Freeze Time:** 3 hours



### INGREDIENTS

Assorted melon balls (watermelon, honeydew, cantaloupe, etc.)

2 scoops of lemon, raspberry, or fruity sorbet

Fresh mint leaves

Seltzer water

Source: [Fifteenspatulas.com](https://www.fifteenspatulas.com)

**STEP 1:** Freeze melon balls for at least 3 hours, or until completely solid. When ready to serve, place two scoops of sorbet into the bottom of a tall glass.

**STEP 2:** Top with a generous handful of frozen melon balls.

**STEP 3:** Add fresh mint leaves to taste—just a few or a whole sprig for extra aroma.

**STEP 4:** Slowly pour seltzer water over everything to fill the glass. The bubbly seltzer combines with the sorbet as it melts, creating a sweet, fizzy float.

**STEP 5:** Let it sit for a minute or two to allow the sorbet to soften and flavor the drink. Stir gently if desired, sip, and enjoy this summer treat!

## Sparkling Summer Drink



## Shelf Indulgence

### THIS MONTH'S BOOK RECOMMENDATION

#### Same Time Next Summer by Annabel Monaghan

When Sam returns to her family's beach house with her fiancé, she's surprised to run into Wyatt—her childhood best friend and first love. What follows is a nostalgic, emotional, and sun-soaked story about second chances and growing up. With a dreamy summer setting and breezy pacing, *Same Time Next Summer* is a satisfying vacation read about the paths we choose and the ones that still tug at our hearts.

## CONTACT INFORMATION

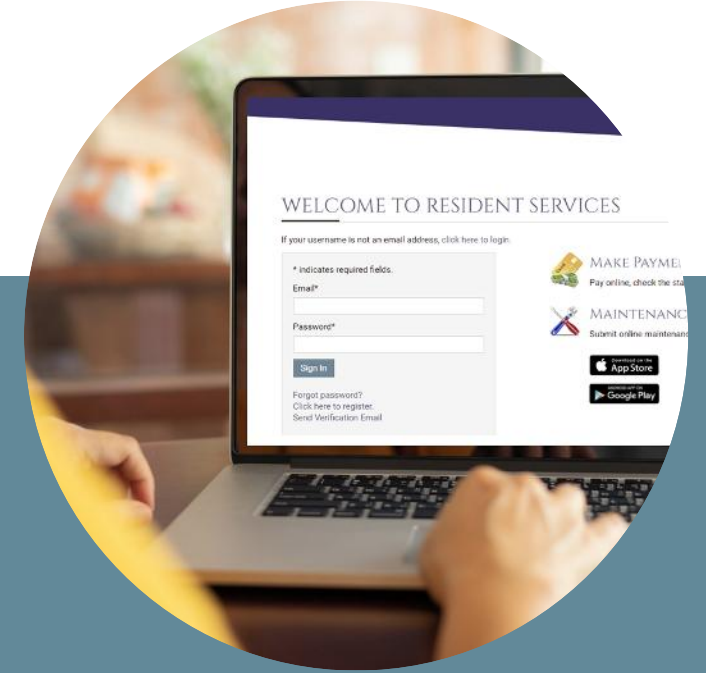


## Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



## Main Office

Mon - Fri, 10am - 3pm  
Phone: (715) 226-4393

8005 Birch St.  
Weston, WI 54476

### COMMUNITY DIRECTOR

**Dawn Mittlesteadt**  
Birchwood@ardenpropertygroup.com

### ASSISTANT COMMUNITY MANAGER

**Kelley Goertz**  
Birchwood@ardenpropertygroup.com

### LEASING

Mon - Fri, 9:00am - 5:00pm  
Phone: (715) 226-4393

### MAINTENANCE

Mon - Fri, 9:00am - 5:00pm  
Phone: (715) 226-4398  
Evenings & Weekends (AnSer)  
EMERGENCIES ONLY  
(800) 263-6148

### MAINTENANCE TEAM

Brett Koss

### HOUSEKEEPING TEAM

Jessica Bram

### BUILDING MANAGER

Cindy Krall

## Community Engagement Coordinators

**Lynn Sween**

**Cheryl Surfus**

**Sharon Oertel**

## Juneteenth

### A POWERFUL REMINDER

Join us in celebrating Juneteenth - Observed each year on June 19th, it commemorates the day in 1865 when enslaved people in Galveston, Texas finally learned they were free—more than two years after the Emancipation Proclamation.

It stands as a powerful reminder of resilience, delayed justice, and the ongoing pursuit of equality in America.

For many, Juneteenth is a time to reflect on our nation's history, honor the strength of generations past, and celebrate African American culture through community gatherings, storytelling, music, and traditional foods.

As a federal holiday since 2021, it invites all Americans to pause, learn, and engage in meaningful conversations about freedom and progress—past, present, and future.



## Onsite Services

### Salon

Wednesday & Friday  
Main Building, 3rd floor | By Apt. Only  
(715) 301-8588

### STYLIST

**Karen Theiler and Terri Kree**  
Credit cards accepted

### Family Foot & Ankle Clinic

**3RD FLOOR GAME ROOM - MAIN BUILDING**  
Next clinic is Thursday, July 9th  
Call 715-241-8100 to make an appointment.

### Blood Pressure Screening

**3RD FLOOR GAME ROOM - MAIN BUILDING**  
Thursday, June 11th at 1:00 pm  
No appointment Needed

*A fleeting gift, Wisconsin sun,  
Warm days that never stay—  
We linger just a little more  
Before they slip away.*

## Local Services

### Spectrum/Charter Cable

**HOTLINE**  
(833) 697-7328

### Wisconsin Public Service

**HOTLINE**  
(800) 450-7260

### Village of Weston

**PHONE**  
(715) 359-6114

### June is Dairy Month

#### ENJOY SOME ICE CREAM

Celebrate June Dairy Month in Wisconsin—America's Dairyland!

Honor the hardworking farmers, fresh milk, cheese, and ice cream that fuel our communities. Join local events, support dairy producers, and enjoy the rich traditions that make Wisconsin a leader in dairy excellence.



# CHECK IT OUT

## Community Newsletters Online HIGHLANDS HAPPENINGS

You can view this edition of your Highlands Happenings newsletter and newsletters from our other Highlands Communities simply by visiting their respective websites. Each website has a "Newsletter" page where you'll find current and archived newsletters. Start reading online today!



## Help Us To Better Help You RESIDENT SERVICES OFFICE VISITS

To ensure we can address your needs promptly and thoroughly, we kindly ask for your support in two ways:

### For in-person visits:

- Please schedule an appointment whenever possible.
- If visiting without an appointment, limit conversations to 5 minutes or less for non-urgent matters.

### For non-urgent questions:

- Submit detailed requests via email or voicemail. This helps us respond efficiently and identify common topics for future resources.

These steps allow our team to dedicate focused attention to walk-ins and appointments while managing essential behind-the-scenes tasks that benefit our entire community.

Thank you for partnering with us to enhance service for all residents.

*We appreciate your understanding  
and cooperation!*

## Arden Property Group Portfolio of Communities HIGHLANDS COMMUNITIES AND PARAGON PLACE PROPERTIES

Interested in learning more about other communities in our portfolio? Visit our website at [ArdenPropertyGroup.com](http://ArdenPropertyGroup.com).

Know someone who may be interested in moving to the Highlands Communities or Paragon Place Properties, refer them to any of the properties in our portfolio to earn a Refer A Friend bonus.

### Highlands Communities 55+:

Brookfield	Appleton
Menomonee Falls	Neenah
Mequon	De Pere
New Berlin	Winneconne
Franklin	Weston

### Paragon Place Properties:

Madison  
Middleton

We appreciate your referrals and look forward to meeting your friends & family!